

RISKS: “The BMC recognises that climbing, hill walking and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement”

Although the climbing centre is an artificial environment, the risks involved are **no less serious than when climbing outside** on a crag or mountain. There is an additional risk that bolt-on holds can spin or break.

The soft matting under the bouldering walls is designed to provide a more comfortable landing for falling or descending climbers.

THE SOFT MATTING DOES NOT MAKE THE CLIMBING ANY SAFER. Broken and sprained limbs are common on this type of climbing wall despite the soft landing. **Uncontrolled falls are likely to result in injuries to yourself or others.**

Climbing **beyond your capabilities** on any wall is likely to result in a **fall**. Any fall may result in an **injury** despite the safety systems in place to avoid it. You must make your **own assessment of the risks** whenever you climb.

Our Duty of Care - The rules of the climbing centre set out below **are not** intended to limit your enjoyment of the facilities. They **are** part of the **duty of care**, that we as operators, owe to you, the customer, by law. As such they are **not negotiable** and if you are not prepared to abide by them then the staff must politely ask you to leave.

Your Duty of Care - You also have a duty of care to act responsibly towards the other users of the centre. Statements of “Good Practice” are posted around the centre adjacent to the relevant facilities. These describe the accepted methods of use and how customers would normally be expected to behave towards each other.

When you make a Bouldering Only registration you must agree not to use the roped walls either as a climber or a belayer.

Failure to comply with this condition may result in your registration being permanently withdrawn.

Furthermore, if you do climb with ropes and someone is injured as result of your actions, it is you and not the climbing centre operator who will be held legally liable.

INEXPERIENCED CLIMBERS AND INDUCTIONS: Inexperienced climbers will be allowed to register for “Bouldering Only” climbing, but only after they have completed an induction to the centre (form ROKT13).

Unsupervised Climbing - Before you climb without supervision the centre expects you to be able to describe the dangers involved with bouldering and accept the risks involved. You are required to register to say that you understand the Conditions of Use, that you are prepared to abide by the Rules below and that you understand the risks involved in your participation.

While you climb without supervision the centre expects you to be aware of all other climbing users, whether boulderers or roped climbers and their belayers.

Unless you have registered you **must not** climb without supervision.

Unsupervised climbing is just that! If you are not **confident** in the use of any climbing equipment or technique then **do not** attempt to use it without the supervision of someone who is competent to do so.

Supervised Climbing – “Bouldering Only” registration **does not** entitle you to supervise any roped climbing activity. If you want to take part in roped climbing you must complete a climbing registration form and competency test, pass a beginner’s course or book onto a ROKT session. ROKT will allow a competent climber to **supervise a maximum of 2 novices**. This must be adhered to as part of our health and safety and risk management policy.

Children (Under 18) – All children in the centre must be supervised by an adult unless they have been assessed by the management and registered for (14+) unsupervised climbing. In addition to the obvious risks of climbing, **children on the ground are at particular risk of being seriously injured by falling climbers**. Supervising adults are responsible for making sure that children are **never** left unsupervised or directly below climbers. **Full supervision must be maintained at all times.**

BOULDERING ONLY RULES

GENERAL SAFETY

- Report to reception on each visit before you climb
- You must exercise care, common sense and self preservation at all times
- Report any problems with the walls, equipment or other climbers behaviour to a member of staff immediately
- Keep out of silos and lead wall. These are for the exclusive use of roped climbers and their belayers.
- Be aware of other climbers around you and how your actions will affect them.
- Do not distract people while they are climbing or belaying.
- Stand well back from the climbing walls unless you are spotting a climber.
- Never stand directly under someone who is climbing.

- Volumes on the walls are designed to enhance the quality of climbing but you must be aware that when climbing above them there is an additional risk of falling onto them.
- Do not climb on the top rope and lead walls *unless specific use has been authorised during bouldering competitions.*

BOULDERING

- Always climb well within your capabilities and descend by down climbing or a controlled fall.
- Never climb directly above or below another climber.

ROPED CLIMBING

If you want to take part in roped climbing on the tall walls you must:

Either: Be signed in as a novice by a registered, competent roped climber.

Or: Book onto one of our Taster session/Beginner courses.



BMC PARTICIPATION STATEMENT: "The BMC recognises that climbing, hill walking and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement"

PERSONAL DETAILS (PLEASE USE BLOCK CAPITALS)

MEMBERSHIP ID:

TITLE: _____ FIRST NAME: _____ SURNAME: _____

GENDER: MALE / FEMALE (PLEASE CIRCLE) D.O.B: ____ / ____ / ____

ADDRESS: _____

POST CODE: _____

TELEPHONE NO: _____ MOBILE: _____

EMAIL: _____ OCCUPATION: _____

HOW DID YOU HEAR ABOUT ROKT? _____

EMERGENCY CONTACT NAME: _____ RELATION: _____

EMERGENCY CONTACT TELEPHONE No: _____

Tick this box if you would like to receive information from ROKT via email

Tick this box if you would like to receive information from ROKT via SMS

CONDITIONS OF REGISTRATION

If you are under **18 years** of age **DO NOT** fill in this form! Please ask at Reception for the correct form. Once you have read the **BOULDERING ONLY CONDITIONS OF USE AND RULES** (see over), you must **answer the following questions by writing either "YES" or "NO" in the box provided** then sign the declaration at the bottom of the form. Only climbers who give satisfactory answers to the questions will be registered and allowed to climb unsupervised.

Are you over **18** years of age?.....

Have you read and understood the **BOULDERING ONLY CONDITIONS OF USE AND RULES?** (see over)....

Do you understand that the soft matting under the bouldering walls will not remove the risk of injury?.....

Do you understand that you must keep out of the roped climbing areas (silos and lead wall)?

Do you agree to not use the top rope and lead walls as a climber or belayer?.....

Do you understand that if you do use the roped walls, having agreed not to, and you or another person is injured as a result of your actions, then it is you and not the climbing wall that will be legally liable?.....

Do you understand that failure to exercise due care could result in your injury or death?.....

Do you have any questions regarding the application of the Bouldering Only Conditions of Use? (see over).....

Are you experienced at bouldering? (Novices must complete a brief induction to the centre).....

Do you agree to abide by the rules of the climbing centre? (see over).....

Declaration of fitness **I certify that to the best of my knowledge, I do not suffer from a medical condition which might have the effect of making it more likely that I be involved in an accident which could result in injury to myself or others.**

Declaration of fact **I also confirm that the above information is correct and if any information changes I will notify the centre.**

Signature:

Date: / /

THIS PART TO BE FILLED IN BY ROKT STAFF

INDUCTED

COMPETENCY CHECK CARRIED OUT BY 1 Y/N 2 Y/N 3 Y/N

STAFF SIGNATURE DATE / /